

Lunch Menu

Week 1

Stir.

let's eat, together

w/c: 24/02, 17/03, 21/04, 12/05, 09/06, 30/06, 21/07

MONDAY

**Tuna & Sweetcorn
Pasta Bake**
Served with Carrots

TUESDAY

**Brazilian Coconut
Chicken Curry**
Served with Wholegrain Rice & Peas

WEDNESDAY

Roast Chicken
Served with Crispy Roasties,
Broccoli & Optional Gravy

THURSDAY

Chicken Katsu Nuggets
Served with Wholegrain Rice
& Green Beans

FRIDAY

Golden Fish Fingers
Served with Chunky Chips and
Baked Beans

 **Chana Masala**
Served with Wholegrain Rice &
Sweetcorn

Cheesy Lentil Lasagne
Served with Coleslaw or Peas

Spring Vegetable Tart
Served with Crispy Roasties,
Broccoli & Optional Gravy

Goan Cauliflower Curry
Served with Wholegrain Rice
Green Beans

 **Bean & Sweetcorn
Burrito**
Served with Chunky Chips and
Salad



**Penne Pasta with
Homemade Tomato
Sauce**

**Penne Pasta with Nut
free Spinach and Basil
Pesto**

**Penne Pasta with
Homemade Tomato
Sauce**

**Penne Pasta with Nut
free Spinach and Basil
Pesto**

**Penne Pasta with
Homemade Tomato
Sauce**

Or

Or

Or

Or

Or

Jacket Potato
With Cheese

Jacket Potato
with Tuna Mayo

Jacket Potato
with Cheese

Jacket Potato
with Baked Beans

Jacket Potato
with Cheese



Fruit Salad

Jelly & Fruit Slices

**Apple Crumble
Cake**

**Chocolate Cake and
Custard**

**Lemon Shortbread
Biscuits**



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

**Icon
Key**

 Added
plant power

 Wholemeal

 Vegan

 Vegetarian

 Oily fish

 Full of fruit

 Nutritionist's
Choice

 Extra
Protein Power

 Good for
your gut

Lunch Menu

Week 2

Stir.

Let's eat, together

w/c: 03/03, 24/03, 28/04, 19/05, 16/06, 07/07

MONDAY

New Style

Homemade Pizza

Served with Potato Wedges & Coleslaw



TUESDAY

Chicken Tikka Masala

Served with Wholegrain Rice & Broccoli



WEDNESDAY

Roast Chicken

Served with Crispy Roasties, Carrots & Optional Gravy



THURSDAY

Beef Burger in a Bun

Served with Baked Potato Wedges & Sweetcorn



FRIDAY

Golden Fish Fingers

(Salmon Or Pollock)
Served with Chunky Chips & Peas



Gnocchi, Cream Cheese,

Courgettes & Peas

Served with Mixed Salad

Sweet Potato & Lentil Dhal

Served with Wholegrain Rice & Broccoli

Spinach & Cheese Swirl

Served With Crispy Roasties, Carrots, & Optional Gravy

Homemade Vegetarian Burger in a Bun

Served with Baked Potato Wedges & Sweetcorn

Tuna Mayo & Sweetcorn Wrap

Served with Chunky Chips & Peas



Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Nut free Spinach and Basil Pesto

Or

Penne Pasta with Homemade Tomato Sauce



Penne Pasta with Nut free Spinach and Basil Pesto

Or

Penne Pasta with Homemade Tomato Sauce



Jacket Potato with Tuna Mayo



Jacket Potato with Cheese



Jacket Potato with Cheese



Jacket Potato with Baked Beans



Jacket Potato with Cheese



Vanilla Ice cream Pot



Chocolate Beetroot Brownie

Fruit Bowls (Melon)



Blueberry & Orange Traybake

Oat Cookie



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key



Lunch Menu

Week 3

Stir.

let's eat, together

w/c: 10/03, 31/03, 05/05, 02/06, 23/06, 14/07

MONDAY

Macaroni Cheese with a Crispy Crumb Topping
Served with Peas

TUESDAY

Pork Sausage & Mash
Served with Green Beans

WEDNESDAY

Roast Chicken
Served with Crispy Roasties, Broccoli & Optional Gravy

THURSDAY

Beef Chilli
Served with Wholegrain Rice & Broccoli

FRIDAY

Golden Fish Fingers
Served With Chunky Chips & Baked Beans



Tarka Dhal
Served with Wholegrain Rice & Peas

Veggie Sausage & Mash
Served with Green Beans

Baked Courgette & Bean Gratin
Served with Crispy Roasties, Broccoli & Optional Gravy

Vegetable Bean Chilli
Served with Wholegrain Rice & Broccoli

Homemade Cheese & Onion Rolls
Served with Chunky Chips & Baked Beans



Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce

Penne Pasta with Nut free Spinach and Basil Pesto

Penne Pasta with Homemade Tomato Sauce



Or



Or



Jacket Potato with Tuna Mayo

Jacket Potato with Cheese

Jacket Potato with Cheese

Jacket Potato with Baked Beans

Jacket Potato with Cheese



Ice Cream

Fruit Bowls

Vanilla Sponge Cake

Lemon Drizzle Cake

Chocolate Cookies



SEASONAL VEGETABLES, SALAD BAR, FRESH BREAD, YOGHURT AND FRUIT ARE AVAILABLE DAILY

Icon Key

