



PRIMARY AUTUMN/WINTER - 2024/25 - STIR
Allergens Report

Allergens

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
TEX MEX CHICKEN Served with Rice & Sweetcorn STIR - KS1															
TEX MEX CHICKEN Served with Rice & Sweetcorn STIR - KS2															
ENCHILADAS Served with Wholegrain Rice & Sweetcorn - Stir - KS1	Y Whe														

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
ENCHILADAS Served with Wholegrain Rice & Sweetcorn - Stir - KS2	Y Whe														
Chocolate Sponge & Custard - STIR - KS1	Y Whe								Y	Y					
Chocolate Sponge & Custard - STIR - KS2	Y Whe								Y	Y					
COTTAGE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas & Gravy - STIR - KS1	M Whe Bar														
COTTAGE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas & Gravy - STIR - KS2	M Whe Bar														
VEGETABLE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas & Gravy KS1	M Whe Bar														
VEGETABLE PIE TOPPED WITH ROOT VEGETABLE MASH Served with Green cabbage, Peas & Gravy - STIR - KS2	M Whe Bar														
Jelly & Fruit KS1															
Jelly & Fruit KS2															
Roast Gammon, Roasties, Broccoli, Gravy - Stir - KS1															
Roast Gammon, Roasties, Broccoli, Gravy - STIR KS2															
SWEET POTATO & LENTIL ROAST Served with Crispy Roasties, Broccoli & Gravy - Stir KS1	Y Whe Bar Oat														
SWEET POTATO & LENTIL ROAST Served with Crispy Roasties, Broccoli & Gravy - Stir KS2	Y Whe Bar Oat														

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Rice pudding and Jam - STIR - KS1										Y				Y	
Rice pudding and Jam - STIR - KS2										Y				Y	
PIZZA PINWHEELS Served with Garlic & Herb Wedges, Green beans - STIR - KS1	Y Whe							Y	M	Y					
PIZZA PINWHEELS Served with Garlic & Herb Wedges, Green beans - STIR - KS2	Y Whe							Y	M	Y					
VEGETABLE JAMBALAYA Served with Green Beans - STIR - KS1															
VEGETABLE JAMBALAYA Served with Green Beans - STIR - KS2															
Fruit Salad Portion - STIR - KS1															
Fruit Salad Portion - STIR - KS2															
GOLDEN FISH FINGERS Served with Chips & Baked Beans - STIR - KS2	Y Whe			Y											
GOLDEN FISH FINGERS Served with Chips & Baked Beans - STIR - KS1	Y Whe			Y											
COURGETTE & SWEETCORN FRITTERS Served with Chips & Garden Peas - STIR - KS1	Y Whe Bar								Y						
COURGETTE & SWEETCORN FRITTERS Served with Chips & Garden Peas - STIR - KS2	Y Whe Bar								Y						
Shortbread Biscuits - STIR - KS1	Y Whe														
Shortbread Biscuits - STIR - KS2	Y Whe														

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
PENNE PASTA WITH TOMATO SAUCE - STIR - KS1	Y Whe Bar														
PENNE PASTA WITH TOMATO SAUCE - STIR - KS2	Y Whe Bar														
Jackets 40's & Assorted Toppings - STIR - KS1				Y					Y	Y					
Jackets 40's & Assorted Toppings - STIR - KS2				Y					Y	Y					
MEXICAN CHICKEN WRAP Served with Wholegrain Rice Broccoli - Stir - KS1	Y Whe									Y					
MEXICAN CHICKEN WRAP Served with Wholegrain Rice Broccoli - Stir - KS2	Y Whe									Y					
NO MEAT BOLOGNAISE Served with Penne Pasta & Broccoli - STIR - KS1	Y Whe Bar														
NO MEAT BOLOGNAISE Served with Penne Pasta & Broccoli - STIR - KS2	Y Whe Bar														
Chocolate & Beetroot Brownie - STIR - KS1	Y Whe								Y						
Chocolate & Beetroot Brownie - STIR - KS2	Y Whe								Y						
HOMEMADE PIZZA MARGHERITA Served with Paprika Wedges & Coleslaw - STIR - KS1	Y Whe							Y	Y	Y					
HOMEMADE PIZZA MARGHERITA Served with Paprika Wedges & Coleslaw - STIR - KS2	Y Whe							Y	Y	Y					
BAKED TOMATO & BEAN GNOCCHI Served with Coleslaw & Garlic Slice - STIR - KS1	Y Whe Bar							M	Y	Y		M			

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BAKED TOMATO & BEAN GNOCCHI Served with Coleslaw & Garlic Slice - STIR - KS2	Y Whe Bar							M	Y	Y		M			
Vanilla Cheesecake - Stir - KS1	Y Whe Rye Bar Oat							M	M	Y					
Vanilla Cheesecake - Stir - KS2	Y Whe Rye Bar Oat							M	M	Y					
CHICKEN & SWEETCORN PIE Served with Crispy Roasties, Carrots & Peas -STIR - KS1	Y Whe Bar								Y						
CHICKEN & SWEETCORN PIE Served with Crispy Roasties, Carrots & Peas -STIR - KS2	Y Whe Bar								Y						
VEGETABLE & BEAN COBBLER Served with Crispy Roasties, Carrots & Peas - STIR - KS1	Y Whe Bar									Y					
VEGETABLE & BEAN COBBLER Served with Crispy Roasties, Carrots & Peas - STIR - KS2	Y Whe Bar									Y					
BOMBAY CHICKEN BIRYANI Served with Broccoli - STRI - KS1															
BOMBAY CHICKEN BIRYANI Served with Broccoli - STIR - KS2															
CHICKPEA & VEGETABLE SAMOSA Served with Wholegrain Rice, Broccoli & Curry Sauce - STIR - KS1	Y Whe														
CHICKPEA & VEGETABLE SAMOSA Served with Wholegrain Rice, Broccoli & Curry Sauce - STIR - KS2	Y Whe														
APPLE & BLUEBERRY FLAPJACK - STIR - KS1	Y Whe Bar Oat														

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
APPLE & BLUEBERRY FLAPJACK - STIR - KS2	Y Whe Bar Oat														
Vegetable Fingers, Chips & Beans - STIR - KS1	Y Whe														
Vegetable Fingers, Chips & Beans - STIR - KS2	Y Whe														
Oat Cookie KS1 & Fruit - STIR - KS1	Y Whe Bar Oat														
Oat Cookie & Fruit - STIR - KS2	Y Whe Bar Oat														
CREAMY TUSCAN BEEF Served Wholegrain Rice & Green Beans - STIR - KS1	M Whe Bar									Y					
CREAMY TUSCAN BEEF Served Wholegrain Rice & Green Beans - STIR - KS2	M Whe Bar									Y					
MILD THAI GREEN VEGETABLE CURRY Served with Wholegrain Rice & Green Beans - STIR - KS1	M Whe Bar														
MILD THAI GREEN VEGETABLE CURRY Served with Wholegrain Rice & Green Beans - STIR- KS2	M Whe Bar														
PEACH CRUMBLE & CUSTARD - STIR - KS1	Y Whe Bar Oat									Y					
PEACH CRUMBLE & CUSTARD - STIR - KS2	Y Whe Bar Oat									Y					
HOMEMADE SAUSAGE ROLLS Served with Wedges & Baked Beans - STIR - KS1	Y Whe								Y						

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
HOMEMADE SAUSAGE ROLLS Served with Wedges & Baked Beans - STIR - KS2	Y Whe								Y						
HOMEMADE CHEESE & ONION ROLLS Served with Wedges & Baked Beans - STIR - KS1	Y Whe								Y	Y					
HOMEMADE CHEESE & ONION ROLLS Served with Wedges & Baked Beans - STIR - KS2	Y Whe								Y	Y					
ROAST TURKEY Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS1															
ROAST TURKEY Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS2															
SPICED BEETROOT LOAF Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS1	M Whe Rye Bar Oat														
SPICED BEETROOT LOAF Served with Crispy Roasties, Carrots & Sweetcorn - STIR - KS2	M Whe Rye Bar Oat														
Ice Cream Tub PRI & KS2 - Stir										Y					
Crunchy Topped Macaroni Cheese, Green Beans - Stir - KS1	Y Whe Rye Bar Oat									Y					
Crunchy Topped Macaroni Cheese, Green Beans - Stir - KS2	Y Whe Rye Bar Oat									Y					
VEGETABLE BEAN CHILLI Served with Wholegrain & Green Beans - STIR - KS2										Y					
VEGETABLE BEAN CHILLI Served with Wholegrain Rice & Green Beans - STIR - KS1										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
LEMON & COURGETTE DRIZZLE CAKE - STIR - KS1	Y Whe								Y						
LEMON & COURGETTE DRIZZLE CAKE - STIR - KS2	Y Whe								Y						
GOLDEN FISH FINGERS (Salmon or Pollock) Served with Chips & Garden Peas - STIR - KS1	Y Whe			Y											
GOLDEN FISH FINGERS (Salmon or Pollock) Served with Chips & Garden Peas - STIR - KS2	Y Whe			Y											
Chewy Chocolate cookie - Stir - KS1&2	Y Whe Bar Oat								Y	M					
Beef Chilli, Wholegrain Rice & Pease - Stir - KS1	M Whe Rye Bar Oat														
Beef Chilli, Wholegrain Rice & Pease - Stir - KS2	M Whe Rye Bar Oat														
Cauliflower Cheese - STIR - KS1	Y Whe									Y					
Cheesy Bean Wrap - STIR - KS1	Y Whe									Y					
Cheesy Bean Wrap - STIR - KS2	Y Whe									Y					
CHICKEN TIKKA MASALA Served with Wholegrain Rice & Broccoli - Stir - KS2										Y					
CHICKEN TIKKA MASALA Served with Wholegrain Rice & Broccoli -Stir - KS1										Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Chinese Fried Rice - STIR - KS1	Y Whe							Y	Y						
Chinese Fried Rice - STIR - KS2	Y Whe							Y	Y						
HOMEMADE PIZZA BAGUETTE Served with Homemade Coleslaw & Green Salad - Stir - KS1	Y Whe							M	Y	Y					
HOMEMADE PIZZA BAGUETTE Served with Homemade Coleslaw & Green Salad - Stir - KS2	Y Whe							M	Y	Y					
Homemade Veggie Delight Pizza - STIR - KS1	Y Whe							Y	M	Y					
Homemade Veggie Delight Pizza - STIR - KS2	Y Whe							Y	M	Y					
Mash Potato Topped Fish Pie - STIR - KS1	Y Whe			Y						Y					
Mash Potato Topped Fish Pie - STIR - KS2	Y Whe			Y						Y					
Pizza Bagels - STIR KS 1&2	Y Whe Bar									Y			M		
Spring Vegetable Tart STIR - KS1	Y Whe								Y	Y					
Spring Vegetable Tart STIR - KS2	Y Whe								Y	Y					
SWEET CHANA MASALA Served with whole grain rice, Peas - Stir - KS1	M Whe Rye Bar Oat														

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
SWEET CHANA MASALA Served with whole grain rice, Peas - Stir - KS2	M Whe Rye Bar Oat														
Tarka Dhal - STIR - KS2	M Whe Rye Bar Oat														
Tarka Dhal - STIR - KS1	M Whe Rye Bar Oat														
Tuna & Sweetcorn Pasta - STIR - KS1	Y Whe Bar			Y											
Tuna & Sweetcorn Pasta - STIR - KS2	Y Whe Bar			Y											
Veggie Chow Mein - KS1- STIR	Y Whe Rye Bar Oat							Y	Y				Y		
Veggie Chow Mein - KS2- STIR	Y Whe Rye Bar Oat							Y	Y				Y		
Veggie Korma - STIR - KS1															
Veggie Korma - STIR - KS2															
Veggie Lentil & Onion Pie - STIR - KS1	Y Whe Bar														
Veggie Lentil & Onion Pie - STIR - KS2	Y Whe Bar														
VEGETABLE & CHICKPEA CURRY Served with Wholegrain Rice & Broccoli - Stir - KS1															

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
VEGETABLE & CHICKPEA CURRY Served with Wholegrain Rice & Broccoli - Stir - KS2															
Cauliflower Cheese - STIR - KS2	Y Whe									Y					
Cheese & Onion Puff Pastry Slice - STIR - KS1	Y Whe								Y	Y					
Cheese & Onion Puff Pastry Slice- Stir - KS2	Y Whe								Y	Y					
Cheese & Tomato Quiche - STIR - KS1	Y Whe								Y	Y					
Cheese & Tomato Quiche - STIR - KS2	Y Whe								Y	Y					
Crispy Topped Vegetarian Pie - STIR KS1										Y					
Crispy Topped Vegetarian Pie - STIR KS2										Y					
Quorn Roast - STIR - KS1									Y	Y					
Quorn Roast - STIR - KS2									Y	Y					
Bangers & Mash - KS1 - STIR	Y Whe													Y	
Bangers & Mash - KS2 - STIR	Y Whe													Y	
Roast Pork KS1 - STIR															
Roast Pork KS2 - STIR															
BBQ Pulled Pork PRI - Stir	Y Whe												M		

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
BBQ Pulled Pork KS2 - Stir															
BBQ Chicken KS1 - STIR															
BBQ Chicken KS2 - STIR															
Chicken Burger - KS1&2 - STIR	Y Whe Rye Bar Oat							Y	Y	M	M	M	M		
Homemade Chicken & Sweetcorn Pizza KS1 STIR	Y Whe							Y	M	Y					
Homemade Chicken & Sweetcorn Pizza KS2 STIR	Y Whe							Y	M	Y					
Honey & Soy Chicken Stir Fry - STIR - KS1	Y Whe							Y							
Honey & Soy Chicken Stir Fry - STIR - KS2	Y Whe							Y							
Katsu Nuggets - KS1 - STIR	Y Whe							Y	M	M	Y	M			
Katsu Nuggets - KS2 - STIR	Y Whe							Y	M	M	Y	M			
Beef Keema Curry - STIR - KS1	M Whe Rye Bar Oat														
Beef Keema Curry - STIR - KS2	M Whe Rye Bar Oat														
Chinese chicken curry - STIR - KS1	M Whe							M	M	M	M	M			

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Chinese chicken curry - STIR - KS2	M Whe							M	M	M	M	M			
Butter Chicken - STIR - KS2										Y					
Butter Chicken - STIR - KS1										Y					
Piri Piri Chicken KS1 - Stir	M Whe Bar														
Piri Piri Chicken KS2 - Stir	M Whe Bar														
Veggie Bangers & Mash - STIR - KS1	Y Whe										Y				
Veggie Bangers, Mash & Gravy - STIR - KS2	Y Whe										Y				
Apple Sponge Cake - KS1 - STIR	Y Whe								Y	M					
Apple Sponge Cake STIR - KS2	Y Whe								Y	M					
Chocolate Crunch & Custard KS1	Y Whe									Y					
Chocolate Crunch & Custard KS2	Y Whe									Y					
Iced Vanilla Sponge STIR - KS1	Y Whe								Y	Y					
Iced Vanilla Sponge STIR - KS2	Y Whe								Y	Y					

Dish	Gluten	Crustaceans	Molluscs	Fish	Peanuts	Lupin	Tree Nuts	Soya	Eggs	Milk	Celery	Mustard	Sesame	Sulphur Dioxide	Unknown Allergens
Vanilla Cookie KS1	Y Whe														
Vanilla Cookie KS2	Y Whe														
Chocolate Brownie - Pri - STIR	Y Whe								Y						
Chocolate Brownie KS2	Y Whe								Y						
Fruity Flapjack KS2 - Stir	Y Whe Bar Oat														
Fruity Flapjack PRI - Stir	Y Whe Bar Oat														

* Allergens marked with 'M' may contain that allergen.

Yes May Contain

	Allergen
Whe	Wheat
Rye	Rye
Bar	Barley
Oat	Oats
Alm	Almonds

Brz	Brazil Nuts
Cas	Cashews
Haz	Hazelnuts
Mac	Macadamia
Pec	Pecan
Pis	Pistachio
Wal	Walnuts